

Activities of the Year

- Towards Healthy India : Yoga
- Donate Blood : Gift Life
- District Level Camp
- Self Defense
- Diction—The Quest of an Orator
- Motherland Moment : Patriotic Song Competition
- Clean India Campaign
- Pen Down your views : Essay Writing Competition
- Picturesque : Draw your imagination (Drawing Competition)
- Give & Get Environment (Tree Plantation)
- Annual Camp
- Spread Happiness : Visit to Old Age Home
- Let's Realize
- Trekking Camp at Mt. Abu

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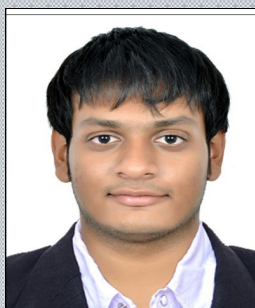
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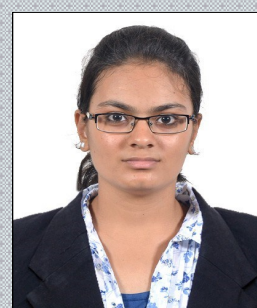
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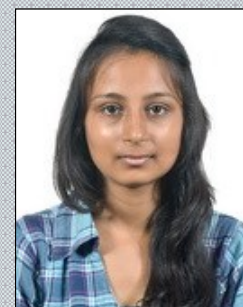
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Message from Editor's Desk



"You will never regret being kind".

It gives me immense pleasure to present the second issue of NSS newsletter "AWAKEN - KINDLING HUMANITY" which depicts the activities performed by the NSS volunteers throughout the

year spreading the message of serving humanity and kindle the young minds to be part of this noble cause. Hope this issue unfurls the activities and materializes its objective.

This issue of NSS newsletter "AWAKEN - KINDLING HUMANITY" will give you the panoramic view of the regular and special activities undertaken by the NSS unit during academic year 2015-16. Regular activities includes Celebrating Yoga Day, Blood Donation Camp, Tree Plantation, Essay Writing Competition, Drawing Competition, Clean India Campaign, Self-Defense workshop, Patriotic song competition, Trekking Camp at Mt. ABU etc. and special activities include District Level Camp and 7-days Annual Camp. The strenuous efforts of all the NSS volunteers have been exemplary for the generations to come.

I take this special opportunity to greet and accord a special thanks to my fellow staff members, NSS advisory committee, editorial team members, NSS team and all the NSS student volunteers whose contribution to the issue of this edition of newsletter, cannot be described in words .

Thank you all!!

*Chief Editor,
Chintan Vora*

Dear Readers,

I am glad to pen down the efforts and outcomes of NSS across the year in this second issue **AWAKEN—KINDLING HUMANITY**, we have interwoven



them into description that would lead us to visualize them vividly.

This issue would reflect the activities of NSS and wishes to express sincere thanks to all named and unnamed for their invaluable contribution. These successful activities were the fruit of the able guidance of our NSS Programme Officer Mr. Chintan Vora who has always motivated us to follow the motto of NSS —NOT ME, BUT YOU.

The NSS team has always been a back bone, with its support all events were successfully organized. The team was very enthusiastic to serve the society. Our principal always appreciated and supported us in our activities.

I am very thankful to our principal and Prof. Chintan Vora (NSS Programme Officer) for giving me this opportunity.

*Student Chief Editor,
Yash Shah*

Message from Principal's Desk



It feels elated to express the words of appreciation to the members of the editorial team for their relentless efforts in preparing “AWAKEN – KINDLING HUMANITY” a track record of the activities of NSS conducted throughout the year 2015-16. I congratulate the NSS unit to put in sincere efforts and result in to myriad range of activities each passing a special message to society and students leading to everlasting bond between the two under the guidance of Mr. Chintan Vora – Professor in-charge of NSS unit. It encapsulates the participation of the students in various social activities motivating them to develop social spirit. The most radiant event of NSS unit, ‘NSS CAMP’, was a remarkable one aspiring the youth of the college to work for the betterment of the society. I take this opportunity to announce the release of the second edition of “AWAKEN – KINDLING HUMANITY”, as a crystal clear reflector of NSS 2015-16.

*Mrs. Snehal Kotak Palan
(I/C Principal)*

Towards Healthy India: Yoga

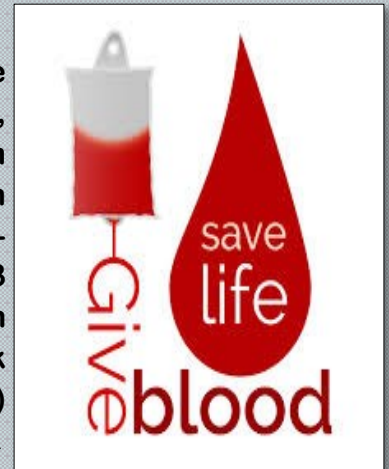
It's a matter of pride for us to enunciate that we had joined hands in observing International Day of Yoga as declared by United Nations. To celebrate the joy and happiness of our international celebration of Indian heritage, all the staff and the students joined their hands in the global celebration on 21st June 2015. The staff and students enthusiastically participated and learnt new techniques of yoga.



“Yoga is the practice of quieting the mind.”

Donate Blood: Gift Life

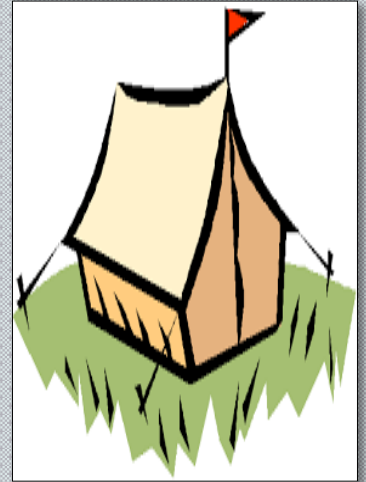
On 29th June, 2015 a Blood donation Camp was organized by the NSS unit of Shri G.H.G. Commerce and Shri D.D.N. BBA College, Jamnagar in association with Indian Medical Association. A team of doctors headed by Dr. Kirtiben Chudasama (Secretary, Indian Medical Association), were present at the occasion. All the students and staff members participated with enthusiasm. Total 103 bottles of blood was donated by students and faculty members in all. With the wholehearted support of trustees, Mrs. Snehal Kotak Palan (I/C Principal), Prof. Chintan Vora (NSS Programme Officer) and Prof. Shilpa Bhatt the programme was successfully organized.



“A life may depend on a gesture from you, a bottle of Blood.”

District Level Camp

Prof. Chintan Vora (NSS Programme Officer), along with ten other students, had participated in the NSS district level camp during 27th July to 29th July, 2015 organized at Patel Samaj, Jamnagar. The camp was organized with the purpose of developing social awareness among the students. In the camp information about NSS activities was given. Other activities of the camp include workshop on disaster management, visit to the different social places including old age home, orphanage etc, various competitions like drawing, quiz, elocution etc., cultural programme, etc. Five of our college students won prizes in various competitions like Quiz, Drawing and Elocution.



“ Don’t count the days, make the days count.”

Workshop on Self Defense Training

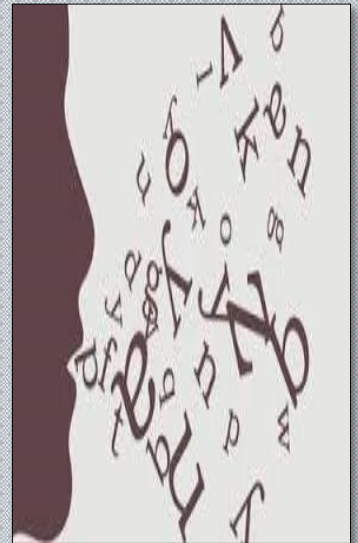
Considering the social issue of women security, we organized Self Defense Training programme for the girl's students of the college from 27th July, 2015 to 1st August, 2015. Total 40 students participated and learned new techniques of self-defense from one of our own student Ms. Hemangini Gaur (Karate – Black belt). This workshop has led to trained, self-protective and confident girl students of the college. With the wholehearted support of Mrs. Snehal Kotak Palan (I/C Principal), Prof. Chintan Vora (NSS Programme Officer), Prof. Khushboo Malde and Prof. Jigna Vyas the programme was successfully organized and achieved its aim in its true sense.



“Strive for progress not perfection.”

Diction-The Quest of an Orator *(Elocution Competition)*

To invoke the hidden talent of the students and to bring awareness about various social issues among the students – NSS had organized an elocution competition, **DICTION – THE QUEST OF AN ORATOR**, on 8th August, 2015. Various topics related to social concern like Save the Girl Child, Swachchhata Abhiyan, Global Warming, Ideologies of DR. APJ Abdul Kalam, Is Spirituality Endangering Amongst Students' etc. were selected for the competition. 22 students participated in the competition and threw light on the given social issues with remedial measures to overcome them.



“Creativity requires the courage to let go off certainties.”

Motherland Moment - Patriotic Song Competition

On the occasion of the Independence Day i.e. 15th August, 2015 after the flag hoisting ceremony, NSS unit of the college had organized Motherland Moment - Patriotic song competition (Solo & Group). In total 25 students had participated in the competition in the presence of trustees, staff and students, giving a patriotic fervor to the environment. The winners of the competition were given certificates by Prof. Chintan Vora (NSS Programme Officer).



“Where liberty dwells, there is my country.”

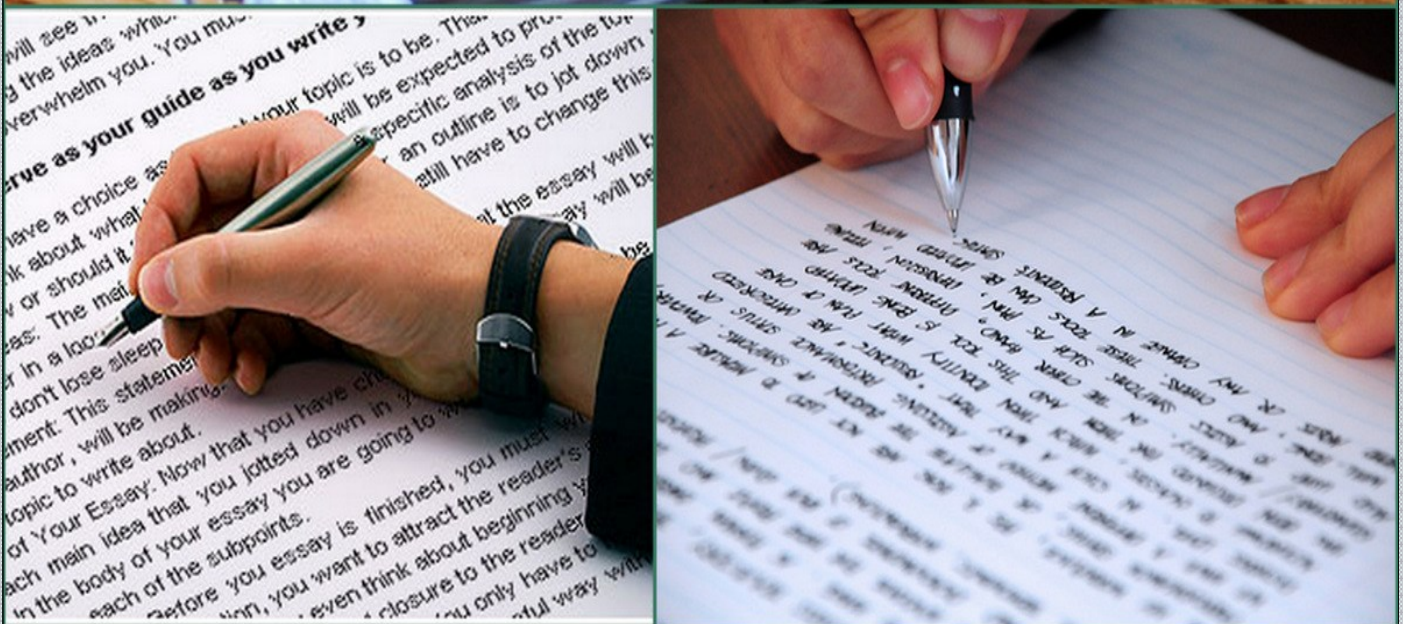
Clean India Campaign

As ideal executors of Our PM's "SWACHCHHATA ABHIYAN" we, too have come up with Clean India Campaign in our college and surrounding area to generate the awareness about the cleanliness among the students and people of the region. On 1st May, 2015 and 16th September, 2015 we had organized the cleaning campaign and made the college and surrounding area tidy with the help of NSS volunteers.



"The future depends on what you do today."

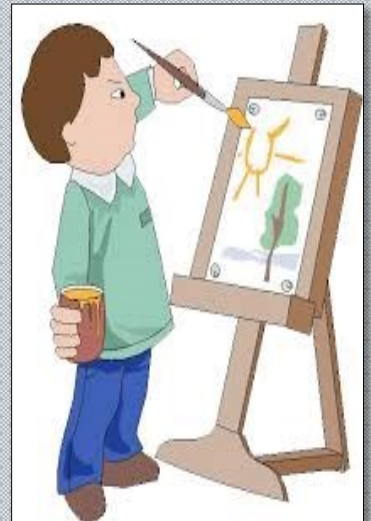
On 17th September, 2015 to promote the “SWACHCHHATA ABHIYAN” we had organized essay writing competition. The participants had penned down their views on CLEAN INDIA CAMPAIGN, CLEANLINESS IS NEXT TO GODLINESS, SWACHCHHATA ABHIYAN AN ILLUSION OR A REALITY? etc. The inputs of participants proved to be a real food for thought that would foster India in all fields and walks of life.



“ Always desire to learn something useful.”

Picturesque—Draw your Imagination (Drawing Competition)

On 17th September, 2015 to we had organized drawing competition to create awareness and promote, “SWACHCHHATA ABHIYAN”, on the theme Clean India Campaign. The participant used their artistic skills to portray the effects of Clean India Campaign and showcase ‘Better, Cleaner and Greener India’. The competition also helped the participants to ponder over and visualize the outcome of the campaign.



“ Create with the heart, build with the mind.”

Give & Get - Environment (Tree Plantation)

To develop the spirit of conversation and contribution towards cleaner and greener earth, NSS unit organized Tree Plantation activity on 25th September, 2015 at 'Lakhabaval' village near Jamnagar. We planted 35 various trees in an area of 2 km. approximately. 100 students in all had participated in this activity. After tree plantation, we all visited the adopted village i.e. Chapaberaja.



"Keep a green tree in your heart and perhaps a singing bird will come."

Annual Camp

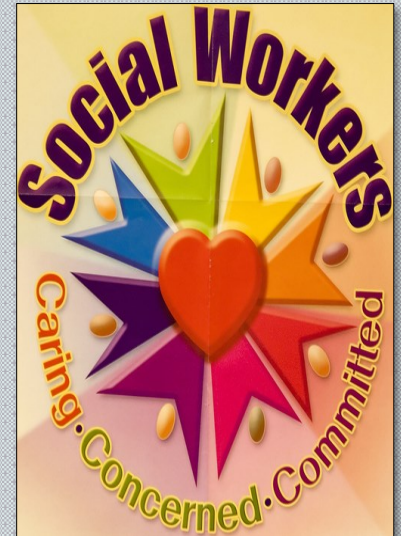
“No religion is higher than human service” To practice and follow this religion we organized annual camp of seven days in a village. As a part of our social outreach activities, we have adopted Chapaberaja Village near Lakahabavad. Duration of the camp was 2nd January 2016 to 8th January, 2016. 50 NSS volunteers participated in the camp. During the camp we organized a series of activities and programmes such as Clean India Campaign, NSS Awareness Rally, Slogan Writing, Fun Fair, Workshop on Disaster Management, Tree Plantation, Health Checkup Camp, Yoga, Sports Training Camp and lectures and seminar on various topics like Life That Counts, Anger Management, Personality Skills, Thinking Out of the Box, Environmental Awareness, etc. The culmination of NSS activities marked the glorious achievements of service, humanity, empathy and towards creating a better future.



“ Opportunities don't just happen, you create them.”

Spread happiness - Visit to Old Age Homes

On 8th January, 2016 we visited M.P.SHAH VRUDDHASH-RAM – JAMNAGAR. NSS volunteers organized a live band to entertain them. To bring smile on their faces, we spent quality time with them and then distributed ice-creams. This generous activity helped the students realize the value of parents and it really inculcated in them the feelings of extending love, care, affection and support to their parents and elders amongst the upcoming generation.



“ We rise by lifting others.”

Let's Realize

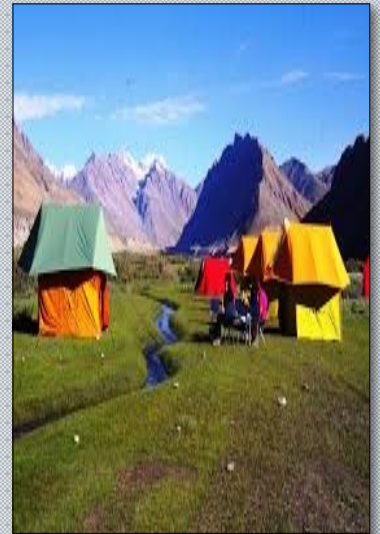
With the intention of developing a soft corner for the poor and happiness of giving the NSS Team had visited the govt. school of their adopted village i.e. Chapa Beraja on 11th January 2016. We distributed various stationary items, tooth brushes, mugs, food packets etc. We spent time with the school children and tried to bring smiles on their faces. The visit turned out to be a real eye opener for our students in cherishing the valuable gift endowed by the Almighty and be contented with what we have and not to crave for materialistic pleasures.



“ Work your way up & rest your way out. “

Trekking Camp at Mt. Abu

As a part of all-round development of the students NSS unit of the college have organized the trekking camp at Mt. ABU during 21st January, 2016 to 24th January, 2016. Total 51 students have participated in the trekking camp. During the camp various training were provided to the students. Different trekking exercise were organized for the NSS volunteers.

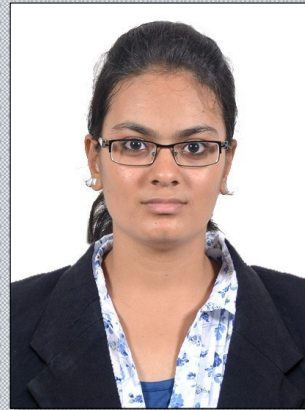


“ The future depends on what you do today.”

Best NSS Cadets of the Year 2015-16



Mr. Yash Shah
(B.Com.)

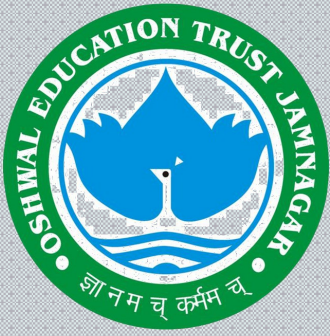


Ms. Hinal Shah
(B.Com.)

NSS Event Planner 2016-17

- Towards Healthy India: Yoga (June)
- Donate Blood: Gift Life - Blood donation camp. (June)
- Let's be a hand to differently challenged. (July)
- Workshop on Self-Defense. (July)
- NSS – DISTRICT LEVEL CAMP (July)
- Give & Get – Environment – Tree Plantation. (August)
- Motherland moment - Patriotic song competition. (August)
- SAVE – A Workshop on Disaster Management. (September)
- Clean India Campaign - SWACHCHHATA ABHIYAN. (October)
- DICTION – THE QUEST OF AN ORATOR (ELOCUTION COMPETITION) (October)
- Trekking Camp at Gir Forest. (November)
- Stay fit stay healthy - Health Checkup Camp. (December)
- Let's realize - Visit to slum area. (December)
- Celebrating National Youth Day - Essay/Rangoli/Drawing competitions. (January)
- Autumn Camp. (January)
- Spread happiness - Visit to Orphanage. (February)
- Thalassemia Checkup Camp. (February)

“ In a Gentle way you can shake the world. ”



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Highlights of NSS UNIT 2015-16

